

### PhD Vlog Week 3: Emma Cole Transcript

TIME	SPEAKER	AUDIO
00:00:00		[Screen shot – introduction]
00:00:05	Emma Cole	<p>Good morning, guys, and welcome back to my PhD blog. It is currently 8:00 a.m. on Sunday morning. I'm at my desk with a cup of coffee and I am ready to get started working for the day. It's three days until my viva and so I really need to be making the most of every second of the day, hence why I'm working at eight o'clock on a Sunday morning.</p> <p>I have a lot to do. So tomorrow I start teaching at my new job, and then I teach again on Tuesday and then I'm back to London on Wednesday</p>
00:00:35		<p>for my viva.</p> <p>I've done my lessons. I've planned my lessons for the first two weeks, but I want to go over everything, because obviously I planned my week one lessons a few weeks ago now, so I need to go over everything and also just prepare for the viva.</p> <p>So today first off, first I'm going to read over my introduction one more time, and then I'm going to look over all my viva notes that I've written so far and print them out so then I have something that I can carry with me and look over when I'm on the tube, on the train, on the bus, whatever, over the next few</p>
00:01:05		<p>days and then I'm going to move onto the lesson planning for Bristol. Yep, on to control.</p>
00:01:13		[Fade out/fade in]
00:01:13	Emma Cole	<p>Okay, it's now 12:30 on this PhD viva preparation Sunday. I have reread my introduction really, really carefully and I've gone ahead and just made a few more notes about what I want to follow up before Wednesday.</p> <p>I'm now going to do a little bit more work thinking about how I would restructure the thesis if I was going to turn it into a book...</p>

00:01:34		[Fade out/fade in]
00:01:35	Emma Cole	<p>It's now 6:30 and I'm going to start preparing for the week ahead now. So I've done a fair bit of viva preparation today and I've also done a little bit of teaching preparation for the week ahead. So I've gone over all the lessons that I've planned and then I've done a little bit more forwarding planning. So I was just finishing off a Greek lesson for week three.</p> <p>I'm feeling pretty overwhelmed about the week ahead at the moment, but trying to stay calm. Cool, calm and collected, that's the aim for the week ahead.</p>
00:02:02		[Screen change]
00:02:01	Emma Cole	<p>Good morning and welcome back. It is now Monday morning, two days until my viva and it is the start of one of the busiest weeks of my life.</p> <p>So this morning it is 8:00 a.m. I'm off in one hour to go and meet my supervisor to have a little not really a mock viva. We're just going to chat for half an hour, but she's going to ask me a couple of questions and just see how I'm doing with answering those questions, so a miniature mock viva, if you will.</p> <p>A lot of people do mock vivas and whilst,</p>
00:02:31		<p>yes, I'm sure it would be helpful for me to do that, the kind of facts of the matter are that I'm just so busy with the new job. Plus I recently had an interview for a job, which is kind of like a viva. So there's just not time and it doesn't feel like there's the necessity to do that. Hopefully that doesn't come back to bite me.</p> <p>After I see my supervisor, I'm having a quick coffee with a friend and then I'm off at 12 o'clock on the train to Bristol and I start teaching there in the afternoon, my very first classes.</p> <p>I'm a bit nervous, but I feel like I have so much to be nervous about that I'm not</p>
00:03:01		so anxious about any one thing in particular, which is possibly a good thing.

		It's going to be a really busy day, but hopefully it all goes well.
00:03:09		[Outside at train station]
00:03:09	Emma Cole	Okay, it is now about 11:30. I'm at Paddington Station, waiting for my train to work. My kind of mock viva practice Q&A went really well with my supervisor. She says I'm really prepared. I don't have to do anything else, so now it's just to get through my first teaching lesson today and then I am done for my Monday.
00:03:27		[Various scenes at train station]
00:03:41	Emma Cole	It's now 6:30 and I have finished work for the day. My lectures went really well. I'm really pleased at how it turned out. The students were reasonably quiet, but I think that's probably because it was possibly their first lecture at university and I hope more a reflecting on their nerves than my teaching.  Anyway, I am now off to get some dinner. I'm feeling quite positive this afternoon after a good day. I'm glad that kind of the teaching has now commenced and I feel like I'm on the way forward now to getting the viva done.
00:04:15		[Interior home - morning]
00:04:16	Emma Cole	Okay, it's about 8:00 a.m. on Tuesday, one day until my viva, and I'm now off to work. I've got three hours worth of lecturing today and then I'm back to London to revise for the viva in the evening. Ah, almost here!
00:04:32		[Interior home - evening]
00:04:33	Emma Cole	All right, so I'm now back in London. It is Tuesday evening. I have finished my teaching in Bristol for the day. Things are just insane. So I was intending with this vlog to show you kind of what the final preparation of the PhD viva period look like, and in fact it seems that the final preparations when you're juggling a job and the viva are very much in disarray.  My husband has just found out that tomorrow of all days his school is having an Ofsted inspection, so

00:05:03		you can just imagine our house is going to be a bucket of laughs this evening. Anyway, positive attitude. I'm trying to think exciting rather than scared thoughts about the viva tomorrow. I'll come back to you in the morning and update you.
00:05:16		[Interior home - morning]
00:05:17	Emma Cole	<p>Good morning, guys. I'm here with my cup of coffee on Wednesday morning. It is D-day. Today is my PhD viva and I'm feeling okay at the moment. I am definitely nervous, but I'm not feeling too anxious, so hopefully I can maintain this level of calm until 2:30 this afternoon.</p> <p>I'm going to wind up the vlog here because I don't want to put extra pressure on myself by filming the entire day, because I'm then likely to, you know, leave my thesis at home</p>
00:05:47		<p>as I'm trying to remember to pack my camera and whatnot. So I will come back to you next week and let you know the outcome and also how I'm transitioning now onto kind of an early career, academic career, so what my plans post-viva are in terms of publications and things like that.</p> <p>Anyway, wish me luck. Keep your fingers crossed for me. Thank you for those people who have been sending in nice good luck comments to me and, yeah, ahh, hopefully I pass!</p>
00:06:12		[End title screen]

**END OF TRANSCRIPT**