PhD Vlog 6 Month's On Samira Parhizkar

TIME	SPEAKER	DIALOGUE
0:00:00	**On Screen Text**	**Name: Samira Parhizkar** **PhD: Molecular Medicine/Biochemistry** **Location: Munich** **A snapshot of my PhD journey.**
0:00:05	Samira Parhizkar	Hey guys! I thought I'd vlog today. It's quiet in the lab because it's 8am in the morning on a Sunday! But it's quite a good day since it's quiet and I've got quite a bit of things to do, quite a bit of planning to do and as my experiments are running during the incubation time, I thought I might as well take the opportunity to tell you what I'm been up to, how the project is going and what the PhD life is like. What happens when you do a PhD…
0:00:35		… in science particularly I suppose – I don't know about the other areas – but it gets quite repetitive. You have to do a certain type of experiment, setup part of your project unless, you know, it goes a different direction and you have to do something else. But for me, I'm still doing a certain part of my project. I can't even talk about a lot of my project because it's quite hush-hush! But yeah, so in terms of the experiments and in terms of the progress…
0:01:05		… it's quite repetitive and you do this and that experiment and you see the results and you do a similar type of experiment using different kind of samples or different kind of model. So speaking of experiments, I did something different because I was curious what I would see and I saw something interesting, and now that I'm trying to replicate it to make sure that it's, you know,

		accurate and also what I see is what I think I see rather than some random coincidence…
0:01:35		… everything has stopped working! Yeah! So that's obviously great! The timing could not be any worse because this might change my PhD completely basically and now that everything's stopped working, I had to find out why and that took a lot of time and now I just chucked out everything and made everything fresh, made everything new which obviously means not only did I waste a lot of time but also a lot of samples…
0:02:05		... and I have to repeat everything again. So that's basically at least a month and a half, two months of work gone. The best thing I can do now is just as I said – start fresh, repeat everything and find out why things are not working and just try to move on so that I still can continue to progress in my PhD. Another quite important thing is that in a couple of months, I will have my second TAC meeting.
0:02:35		That is the Thesis Advisory Committee Meeting. So I've got a plan. I had a plan where I wanted to show certain things for the meeting so that I would basically have a certain amount of data and a particular type of data to show. Yeah, but that's not going to happen now which is again a shame because, you know, it's only once a year…
0:03:05		... and you want to make the most out of this meeting. Besides things not working at all, it's quite a stressful period for me at the moment. There are a lot of important experiments that are ending so a lot of… depending on what kind of model you use, certain experiments can take up to a few months and for me, that is going to start next week. So my first…

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0:03:35		… time period to kind of stop and see what's happening is next week. So yeah, that'll be like hopefully no more than twelve hour long days all of next week – quite intense! Yeah, but at least it's not like that all the time so that's good. Things can only go up from here, right? Fingers crossed! I'm not sure how helpful this particular vlog is going to…
0:04:05		... be but as you can see, depending on what stage you are in your PhD, even though I said that on day to day basis it can be quite repetitive in the lab, actually depending on the experience it can be quite different as well. You now, you can't always control how things go but the best thing to do is just to move on and hope for the best! So thanks for watching and I'll see you next time! Bye!
0:04:30	**On Screen Text**	**Jobs.ac.uk** **Great jobs for bright people** **Find your ideal PhD at** **www.jobs.ac.uk/PhD** **Subscribe to our youtube channel to follow our PhD vloggers** **Watch, learn, share**

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